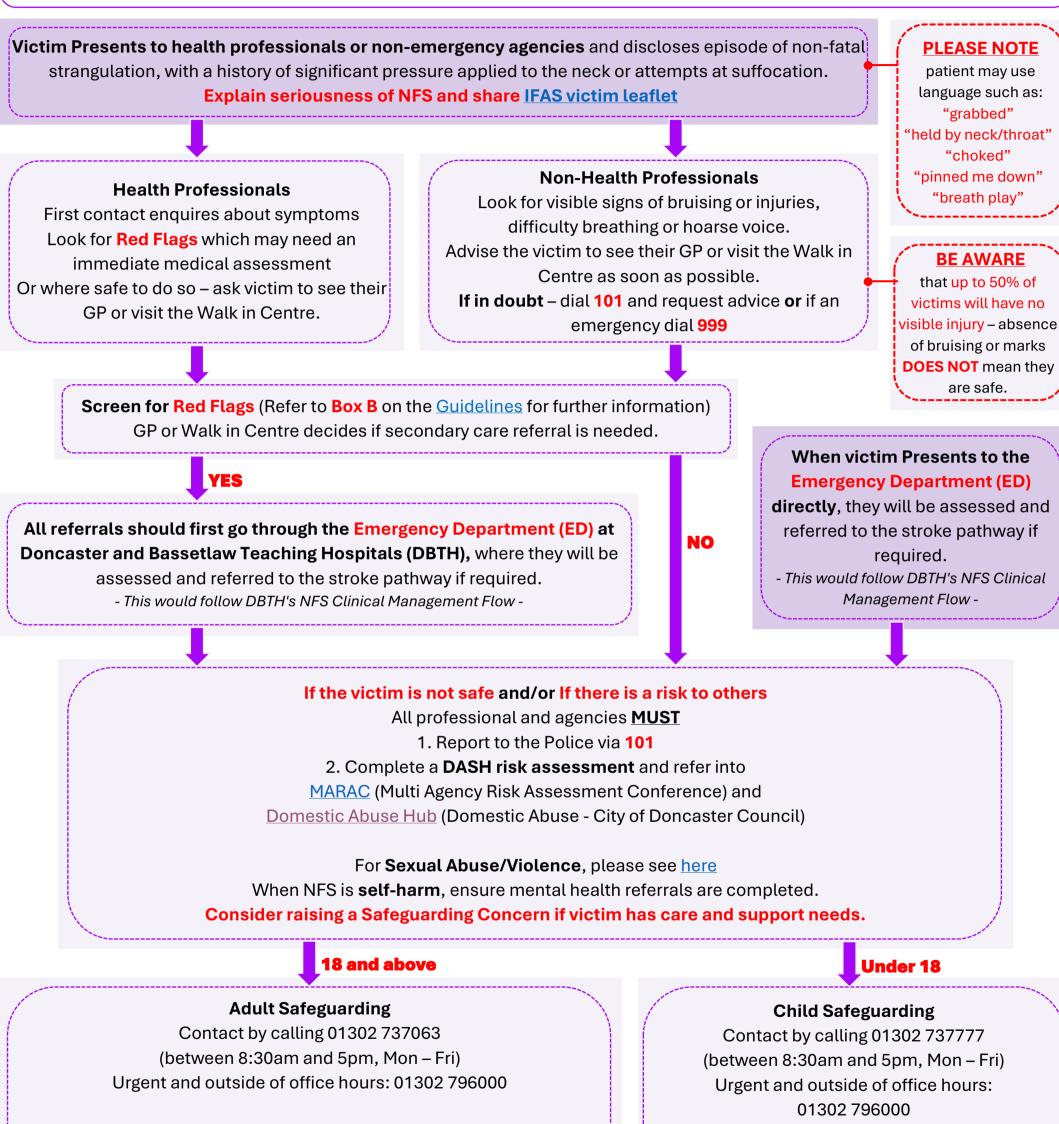


## **Doncaster Non-Fatal Strangulation Pathway for Access to Medical Assessment**

Strangulation is defined as asphyxia by closure of the blood vessels and/or air passages of the neck as a result of external pressure on the neck. There are three main categories: hanging, ligature strangulation and manual strangulation. Non-fatal strangulation (NFS) is where the patient has not died.



## When NFS is **self-harm**,

- 1. Crisis High risk, immediate/imminent concerns, dial 101 ext. 2
- 2. **Primary care** Not an immediate risk, can have complex needs Only accepts GP and professional referrals 03000 211083
  - 3. NHS talking therapists 03000 211556 Or on Doncaster NHS Talking therapies for electronic self-referral form.

When NFS is **self-harm**, please contact Children And Young People Mental Health Service (CAMHS) by calling 01302 796191

\*National guidance is awaited.

Statutory Guidance and Further Reading: Guidelines for Clinical Management of Non-Fatal